

We would like to keep in touch with you about news, events and campaigns. We will treat your personal information with the greatest of care and never give it to other companies or organisations for marketing purposes.

Yes, I do want to hear about news, events and campaigns. I am happy to be contacted by email.

Name	<input type="text"/>
Email	<input type="text"/>
Signature	<input type="text"/>

BOOST YOUR DONATION BY 25P FOR EVERY £1 YOU DONATE

Gift Aid is reclaimed by the charity from the tax you pay for the current tax year. Your address is needed to identify you as a current UK taxpayer.

I want to Gift Aid my donation and any donations I make in the future or have made in the past 4 years to: Headway Surrey

I am a UK taxpayer and understand that if I pay less Income Tax and/or Capital Gains Tax than the amount of Gift Aid claimed on all my donations in that tax year, it is my responsibility to pay any difference.

Name	<input type="text"/>
Address	<input type="text"/>
	<input type="text"/>
Postcode	<input type="text"/>
Email	<input type="text"/>
Signature	<input type="text"/>

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HELP HEADWAY SURREY

We rely on donations, grants and sponsorship. You can help by making a single or regular donation or undertaking a sponsored personal challenge. Another way to support us is through your own fundraising event such as a "Hats for Headway" day or coffee morning and you can even make us your Charity of the Year. You can also collect donations in celebration and in memory, have a collection box or leave a legacy.

We are always happy to hear from you and will gladly provide leaflets, materials for awareness tables and we can even deliver short talks. Thank you so much for your support.

Find out more: www.headwaysurrey.org

Tel: **01483 455225**

Email: enquiries@headwaysurrey.org

Helpline: **01483 454433**

Hospital visits by appointment



HEADWAY SURREY



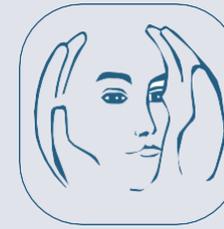
HeadwaySurrey



HeadwaySurrey1

Headway House, North Road,
Guildford, Surrey GU2 9PU

Registered Charity No. 1046863
A Company Limited by Guarantee No. 2991672



HEADWAY SURREY



LIVING WELL
WITH BRAIN INJURY
AND SUPPORTING
FAMILIES & CARERS

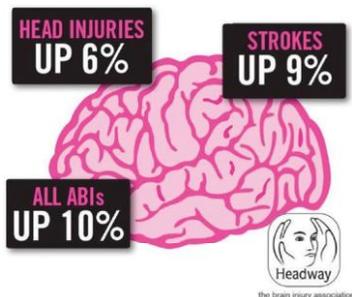
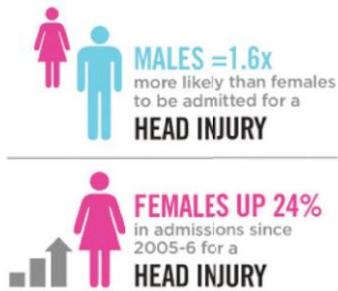
Cognitive Rehabilitation
Charity



WHAT IS BRAIN INJURY?

Damage to the brain from a head injury can occur because of, amongst others, a stroke, road traffic collisions, sporting injury, work incidents, trips and falls, a brain tumour, an aneurysm, encephalitis or lack of oxygen.

An acquired brain injury (ABI) can result in physical, emotional, psychological and practical problems. Suddenly, everything changes: your personality, your cognitive ability, career prospects, relationships with family and friends, personal goals and ambitions.



Annual Headway UK statistics based on UK admissions

HOW CAN WE HELP?

Centre Support – Come to our centre to take part in Cognitive Sessions and work on personalised cognitive rehabilitation worksheets, engage in group cognitive exercises, improve socialisation and behaviour with the group over your packed lunch and finish the day with other group activities such as a quiz, art or games.

Community Support Visits – We visit you at home and focus on your unique needs, goals and aspirations. Working with you and your family, we aim to set tangible goals which develop your independence and support integration into your family and local community.



WHAT WE OFFER

- ▶ Cognitive rehabilitation programmes which include memory skills, executive skills, information processing and computer skills
- ▶ Education, employment and voluntary work placements
- ▶ Life skills
- ▶ Emotional support

Our aim is for individuals to maximise their potential and live as independently as possible.

REFERRAL

Referrals can be via adult social care, social services and health professionals or self-referral.

BEFRIENDING

After experiencing a brain injury, you may suffer a loss of relationship with friends, family and co-workers which often leads to feelings of isolation and loneliness. Our volunteers are matched with you and can provide support in pursuing social and recreational activities, such as going for a coffee or a walk, to the cinema or to a football match.

DROP-IN

1st Friday of the month
10.30am until 2.00pm

Everyone, including carers, family and friends, volunteers and health professionals welcome. An informal time for people to meet and socialise with others who are affected by brain injury, to find out about our services and see the centre. Come and have a chat, relax, read the papers, play board games or pool. Complimentary tea and coffee. Donations always welcome.

CARERS' SUPPORT

Every month

For those who care for someone with a brain injury. Come and join us and meet others in a similar situation. Chat, share experiences and relax.

Lunch –

2nd Wednesday of the month

Coffee morning –

2nd Friday of the month

Plus other activities